



*Scandinavian  
Center of  
Excellence for  
Arthroscopy*

Shoulder & Knee Surgery  
Uppsala, Sweden



# The Elisabeth Hospital

You will have the opportunity to visit one of the leading shoulder & knee arthroscopy clinics in Sweden.

The Elisabeth Hospital is situated in the center of Uppsala, approximately 30 minutes from Arlanda Airport.

## **ELISABETH HOSPITAL**

Department of Orthopaedics

Geijersgatan 20

75226 Uppsala

Sweden

[www.elisabethsjukhuset.se](http://www.elisabethsjukhuset.se)



## ARTHROSCOPIC PROCEDURES

- Shoulder
- Knee
- Elbow
- Ankle
- Wrist

## OPEN PROCEDURES

- Shoulder
- Knee
- Elbow
- Ankle
- Wrist

## JOINT REPLACEMENTS

- Hip
- Knee
- Shoulder
- Elbow

## HAND & FOOT SURGERY

## SHOULDER PROCEDURES

Per year at Elisabeth Hospital

ARTHROSCOPIC SHOULDER PROCEDURES	650
INSTABILITY Procedures	80
ROTATOR CUFF Procedures Single & Double Row Repair	140
Open LATARJET	15
Shoulder Replacements	50
Tendon Transfers	15

## KNEE PROCEDURES

Per year at Elisabeth Hospital

ARTHROSCOPIC KNEE PROCEDURES	475
Anterior Cruciate Ligament:	
Hamstrings	105
Patellar Tendon	10
Complex Knee Injuries including PCL	5



# HANS RAHME

**Associate Professor  
MD, PhD, Head of Department**

First and co-author of more than 25 scientific publications. Has held several scientific and clinical lectures at national and international congresses.

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## **SPECIAL ASIGNMENTS**

- President of the Swedish Shoulder and Elbow Society 2002–2006
- Chairman of the Swedish Shoulder and Elbow Arthroplasty Register group 2007–
- Physician for the Swedish National Alpine Team 1994–1996

## **SPECIAL INTERESTS**

- Arthroscopic shoulder and knee surgery.
- Joint replacement of the shoulder and elbow.

## **MEMBERSHIPS**

- Swedish Medical Association
- Swedish Orthopaedic Association
- SSAS Swedish Society for Elbow and Shoulder Surgery
- SECEC Ordinary member, Swedish national delegate



# GÖRAN YLLNER

MD

Since late 80's almost exclusively worked with sports injuries and arthroscopic surgery and have a broad surgical experience. Handles and operates on daily basis most injuries of the shoulder, knee, ankle and elbow.

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## PREVIOUSLY EMPLOYED/CONSULTANT

- Dept of Orthopaedics S:t Görans Hospital
- Dept of Orthopaedics Sala Hospital
- Dept of Sports medicine Karolinska University Hospital, Stockholm
- Dept of Sports medicine Capio Artro Clinic, Stockholm

## EDUCATION

- M.D. University of Karolinska Institute 1980
- Specialist in Orthopaedic surgery 1986 and General surgery 1987
- Participant and speaker in numerous national and international courses and conferences in Sports medicine and Arthroscopic surgery.

## MEMBERSHIPS

- Swedish Medical Association
- Swedish Orthopaedic Association



# CARL-JOHAN SILFVERSWÄRD

MD, PhD

More than 10 years of experience in arthroscopic surgery, mainly in the knee and shoulder. Former head of the department for knee-, shoulder- and foot surgery at the Clinic of Orthopaedic Surgery, Academic University Hospital in Uppsala.

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## SPECIAL INTERESTS

- Joint related conditions (knee and shoulder) including age-, trauma- and sports-related conditions.
- Performs open surgery when indicated eg. Patella-stabilisation, High Tibial Osteotomy etc.
- Educational issues with ongoing commissions in the orthopaedic education of paramedics, physiotherapists and orthopaedic residents.

## MEMBERSHIPS

- Swedish Orthopaedic Association
- Swedish Medical Association
- Swedish Society of Medicine



# SHWAN KHOSCHNAU

**MD**

Author of two published papers and he has also ongoing four clinical Studies on shoulder surgery. Preparing to make a doctoral thesis at Uppsala University. Working at Elisabeth Hospital since 2004, previously at Academic University Hospital in Uppsala.

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## **SPECIAL INTERESTS**

- Shoulder surgery, both arthroscopic and open procedures
- Knee, ankle and elbow surgery
- Sports injuries

## **MEMEBERSHIPS**

- Swedish Orthopaedic Association.
- Swedish Medical Association
- Swedish Society of Shoulder and Elbow surgery

# VISITING SCHEDULE 2009

## VISITING WEEKS

W7, W11, W15, W19, W27, W35, W39, W43, W47

## VISITING DAYS

1-3 visiting days can be arranged containing both OR and if requested clinical days

## VISITORS

1-2 visiting surgeons/OR nurses and 1 DePuy Mitek representative is preferred

## OR PROGRAMME

OR programme will be arranged as allowed according to visiting surgeons preference

## OTHER DATES

Other visiting days might be arranged upon request

## ASSISTING IN OR

It is possible for visitors to assist surgeries in the OR if appropriate

# ARRANGEMENTS

Please contact your local DePuy Mitek representative for...

- MORE INFORMATION
- AVAILABILITY
- OR-PROGRAMME PREFERRED
- TRAVEL ARRANGEMENTS
- REGISTRATION FEE

Looking forward to see you in Uppsala!